

## Bucket Filler Friend

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See Reverse For PARENT CAFE CARDS!

How can we encourage the give and take of a healthy relationship?



Do you have people that
would get up early to help
you?
Would you get up early to
help someone else?



How can you support a child as they navigate feelings of social exclusion?



How can we encourage our children to enjoy being Bucket Filler Friends?

Do you feel like your bucket is filled by helping others?



How can you help a child become their own Bucket Filler?



What are ways you can help your child be a Bucket filler friend?

